



RESEARCH TO
PRACTICE 2018

27-29 MARCH 2018
BRISBANE, QUEENSLAND

EXERCISE INTOLERANCE IN CANCER PATIENTS

A/Prof Andre La Gerche

Recently, there has been intense interest regarding exercise intolerance in cancer patients. There are multiple unresolved questions including whether low baseline fitness represents a risk factor for cancer, whether exercise is an effective anti-cancer therapy and whether exercise can assist in attenuating cardiovascular morbidity and mortality in patients undergoing cancer therapies, many of which can cause cardiac damage and increase the risk of heart failure. This presentation will address each of these questions, but will focus on the last. I will explore the effect of cancer and cancer therapies on exercise capacity, the impact on prognosis and how exercise therapies can be used to attenuate reductions in fitness and cardiovascular events.

Abstract number: 036
Session: Mechanisms of Exercise Intolerance in Chronic Disease
Date: Thursday, 29 March 2018
Time: 9:00am – 10:30am
Co-Presenters: Dr Erin Howden; A/Prof Christopher Askew; A/Prof Andre La Gerche
Panel Practitioner: Mr Grant Turner
Session Chairperson: W/Prof Daniel Green